

# My First Book of Philosophy

(for childrens)

By Ada Albrecht

*For Mom and Dad to read and discuss  
with me (for the formation of a child)*

*Translated by Linda Hagan*



## **A child is a very shiny soul**

A child is a soul, completely a soul, though the soul seems invisible. A child is like LOVE itself, and who can say “I see love,” like one “sees” an ice cream or a candy? One cannot see love, but one feels it in ones heart. Neither can one see thoughts ..yet thoughts come, so many awesome thoughts and all day long! I think about my birthday, my toys, and my friends. When I kiss and hug my parents they change me

into a mountain full of affection... When I am full of affection you can't see me like you see a bicycle because I am a DIVINE SPIRIT. And my quality is to be invisible because I am so, so very subtle. This subtleness is the reason why there is something different in all physical objects that one can touch, see, taste and hear.

I am the only one who can see what is going on outside my physical body with my eyes. Like a little piano and music, the piano does not know anything about notes, songs, or music books but it does know about music, yes indeed. With a plan the musician makes music but a piano is not the music. The music uses the piano to show what music is, like I use my physical body to show who I am. But I am not just a body made of fingers, teeth, hair, and fingernails, I am light, I come from light. I am pure, I am Intelligent, I am love.

### **This is what i am: a soul.**

It is clear to me that I am alive beneath this physical body, and many times I am confused about this like the ladies who are not their houses, nor their kitchens, yet they are confused and say;

Ah, the curtains on My window are very old: I need to change them, or My kitchen is very beautiful or, the tree in my garden...And the ladies are not Kitchens nor gardens certainly not!

Also the men go about talking a lot of time about their cars "I have a bad carbtorator, I have a flat tire! Can one believe that they have a father who has a body made of rubber or of carbtorators? Ha Ha! So it is definetly not so!

But it is the way of talking that one has, thus, we also say mistakenly I have a stomach ache, My fingernails are very long, My socks are worn out. The truth is that, as long as the body is alive in the world we use it. It is like a little piano or a musician, or our father's car that allows us to work and to travel along the pleasant road of time. But sooner or later the body wears out like a piano out of tune, or when WHAT EXISTS IS CHANGE.

So when the body is put to sleep people say your Grandmother is dead Bah! ..It is a mistake, because death does not exist and never existed in the universe.

The only thing that exists is change. Like everything we know in this world changes, like my body changes....First I am a baby, then a child, and in a little while a youth, and later an old person who is degenerating, and then goes to sleep,...

People say "so and so is dead' yes ...Yes! This is confusing very very confusing.; It is the biggest error of all and I will explain it to you, so you will understand super, fantastically well.

Listen to what I say to you;

## **Your heavenly father is eternity**

Can you see the stars, the trees, the friendly dogs passing by your house or who live in the apartment beside you. Look around do you see how much perfection the things are made of. Like the little wings of the birds which allow them to fly in space? Or have you marveled at how good a banana or a pear or an apple is? Is this not so? Then you ask your parents: Dad, Mom: who made the world?.

If your parents are Indian they tell you: “BRAHMAN MADE IT,”

If your parents are Arabs they tell you: “Ala made it ,“

If your parents are Hebrew they tell you: “Jehova made it,”

If your parents are Christian they tell you: “God made it,”

Have you seen how big our planet is, it has many oceans, rivers, mountains, and many different countries. There are also many cultures throughout humanity and not all talk about God in the same way. Each one has it's own language and beliefs.

They number in the millions. The dogmas are not important, what is important is the SPIRIT IN ALL OF THEM IS THE SAME; men like to say something like this: “Our Father in Heaven” is the one who made EVERYTHING, the birds, the butterflies, the frogs, the fishes, and the children.

This “Father in Heaven” like you, is an invisible SOUL. No one can see him except the most perfect of your children who are Saints. But this is another question that I will tell you later.

Why do you say, no one can see him? Everyone absolutely all the human beings of all races and countries of the world talk about Him. And they say GOD IS ETERNITY;

‘ETERNAL’ you said is something that never dies, or becomes old, or gets sick with chicken pox, or measles, or catches a cold.

When you are alone in your bed before sleeping ask yourself this question CAN SOMETHING ETERNAL HAVE A BABY CALLED DEATH?.

Look at nature, the banana tree gives us baby bananas, the apple tree gives us apples, the plume tree gives us plumes:.....Each one has babies like itself. Your mother and father give you birth, and they are human souls and because of this you are not covered in wool like the sheep, or feathers like the parrots, no Lord, you are a child!

Returning again to this point about God and Eternity. If your “Father in Heaven,” who everyone knows as our eternal Daddy, is it an illusion to believe, that things die?

THE ETERNAL CAN NEVER PRODUCE A DEATH. Since death cannot exist, I call it is an illusion. If our puppy is dead, or when a bird is dead they become quiet. If one thinks deeply going over and over this idea one ends up saying:

Well, well, now go tell the frog, or the parrot, that death does not exist; but It exists, yes Lord of course it exists!

When you think like this your mind is in the world of physical things. Do not go walking around in life with your intelligence locked inside until you discover the truth. It is like instead of going into the lake, you stayed at the shore of this immense lake where the Truth of everything lives . The sea is full of Truths about everything. And this Truth, it is different from your opinion about Truth for the Truth is many things.

Did you notice that many fish live in the sea? They swim around all happy and content. Can you see the octopus, seaweed, and whales that live there?

A child who goes to the beach with his shovel and pail. He does not see everything there is from the shore, as I told you. He cannot see simply because he is on the shore playing happily with the crabs that run around in the waves on the sand. The child knows nothing about the sea.

To know about the sea you must get into it. To know the Truth you must submerge yourself in the sea of Spiritual Knowledge. If you cannot do this, it is because you are looking at bodies and more bodies and then you become very very materialistic.

There are consequences with becoming materialistic I will talk to you about this another day. For now I would like to tell you about death and eternity.

### **Our sweet mother earth**

Just like your little body and the little body of a bird, a cat, or a puppy all the physical bodies in the world have a “Father “ in heaven who is ETERNITY and also a MOTHER, Mother Earth our dear sweet Mother Planet.

When we are born we borrow all the elements all the ingredients that are needed to have a living body, full of beans. When your Mom makes a special cake for your birthday, she needs eggs, flour, sugar, yeast, and chocolate. To make a body it is the same you need phosphorous, calcium, iron and many other ingredients. And from whom can we borrow these things? Of course “Mother Planet!” She has an huge kitchen where she keeps the necessary components from which she makes the bodies where life has its origins. Which creates a little more light, and lives which are improving and becoming more perfect.

When we leave earth we return everything to it all the ingredients that She lent us. Imagine, saying something like this: returning instead of what people call dying or “Death”

But because people are a lot like children they like to go to the seaside. But never are sure about what is inside it yet they could know everything with the right starting from this point from here.

When you see a little bird, or a little frog without life, do not say “It is dead” remember that death does not exist. One can say it in a better way like “He is returning to Mother Planet all the elements that made up the instrument of his body.”

Remember the pianist and the piano which I told you about, the pianist has an immortal soul so he can make music. He does this by using the piano but the piano alone cannot invent a song, or compose anything on its own! Why do you need a physical body? Because in having the body to experience life, we learn to be better. As you learn in school to read and write with your teacher, and your little friends to help you. You take your ruler, your coloured pencils, books, writing pads, and many other things that are necessary with which to learn.

### **When the door of the heart is open**

How marvelous it is to understand things that are important! For one must open very wide the great doors of ones heart too. When the doors of ones heart are open the light enters. And in it are oceans of clarity and happiness. When the doors of the heart are closed one is in total darkness, like as if we turned off the lights in our room. Then one cannot see anything, and when one starts to walk, one trips on chairs, toys, and one is so, so extremely afraid! It is ones own fault because one stayed cautiously on the beach, and chose to not enter the sea of life. And so cannot see what there is in the depths of those marvelous waters!



***The end***